N A M S

BECOME A CERTIFIED NUTRITION CONSULTANT IN 12 WEEKS THROUGH OUR ACCELERATED PROGRAM!

Open-enrollment is now available with savings of $400.

Classes start October 29th.

Register Now ✓

Learn More ?

FAQs ?

IF YOU COULD BECOME A NUTRITION CONSULTANT IN 12 WEEKS, WOULD YOU DO IT?

By the end of the National Academy of Metabolic Science (NAMS) 12-week program, you'll have the knowledge needed to expand your current client base or start a new career path.

WHAT IS NAMS?

The NAMS Nutrition Consultant Certification is a science-based program developed by medical doctors, registered dieticians, and experienced psychologists.

Through NAMS you'll receive the knowledge of renowned fitness industry leaders and health experts, such as Dr. Joe Klemczewski Ph.D., and the confidence to build a better life through nutrition coaching.

The NAMS course is more than just 12 weeks of videos and curriculum. The course was designed to challenge you and push the boundaries of education. Dr. Klemczewski offers highly-relevant and detailed explanations in each video.

The clear guidance leads to a greater understanding and a stronger grasp of the concepts being taught. As a result, you'll become a highly-competent, well-prepared certified nutrition consultant.

In addition to videos and curriculum, you will also have the opportunity to study alongside Dr. Klemczewski. Upon completion of the 12-week program, you can participate in two live study sessions.

Access to one of the course creators for answers to your questions increases the certification test pass rate and overall scores.

GET CERTIFIED NOW! ✓

TAKE IT TO THE NEXT LEVEL

Learn the keys to faster and better results so you and your clients can push past current plateaus. When you become a NAMS Certified Nutrition Consultant your knowledge will be the difference maker.

NO DEGREE NEEDED!

NAMS has all the information needed to become an expert in Nutrition Consultation. Build confidence with coursework that's at the forefront of nutrition education. Once you've completed the program, you'll have the confidence and knowledge to truly help your clients.

BUILD YOUR BUSINESS

Becoming a nutrition consultant means freedom. Whether expanding the services you offer or building a new business, NAMS can change your life for the better. Begin the journey to a fit, flexible, and free lifestyle with NAMS.

WHAT TO EXPECT FROM A NAMS NUTRITION CONSULTANT CERTIFICATION COURSE

Enjoyment: You can expect to have fun while you learn; be engaged and challenge yourself everyday.

Superior Education: You can expect an unparalleled learning experience with the best nutrition information from the greatest minds in the industry.

A Better Life: You can expect to build a better life for yourself, your family, and your clients.

WHAT THE COURSE LOOKS LIKE

Week 1: An Overview of Nutrition
Week 2: Planning a Healthy Diet
Week 3: Digestion, Absorption, & Transport
Week 4: The Carbohydrates: Sugars, Starches, and Fibers
Week 5: The Lipids: Triglycerides, Phospholipids, and Sterols
Week 6: Protein: Amino Acids
Week 7: Energy Metabolism
Week 8: Energy Balance and Body Composition
Week 9: Weight Management: Overweight, Obesity, and Underweight
Week 10: Fitness: Physical Activity, Nutrients, and Body Adaptations
Week 11: Part I and Part II Overview and Metabolic Physiology
Week 12: Part III Assessment and Programming

THE BEST EDUCATION IN NUTRITION

With so many nutrition courses out there, it can be difficult to know what's valuable, and what's not. NAMS courses are put together by medical doctors, registered dietitians, and psychologists, so you're getting a college-level information at a fraction of the cost.

By enrolling in a NAMS course, you're guaranteed to learn:

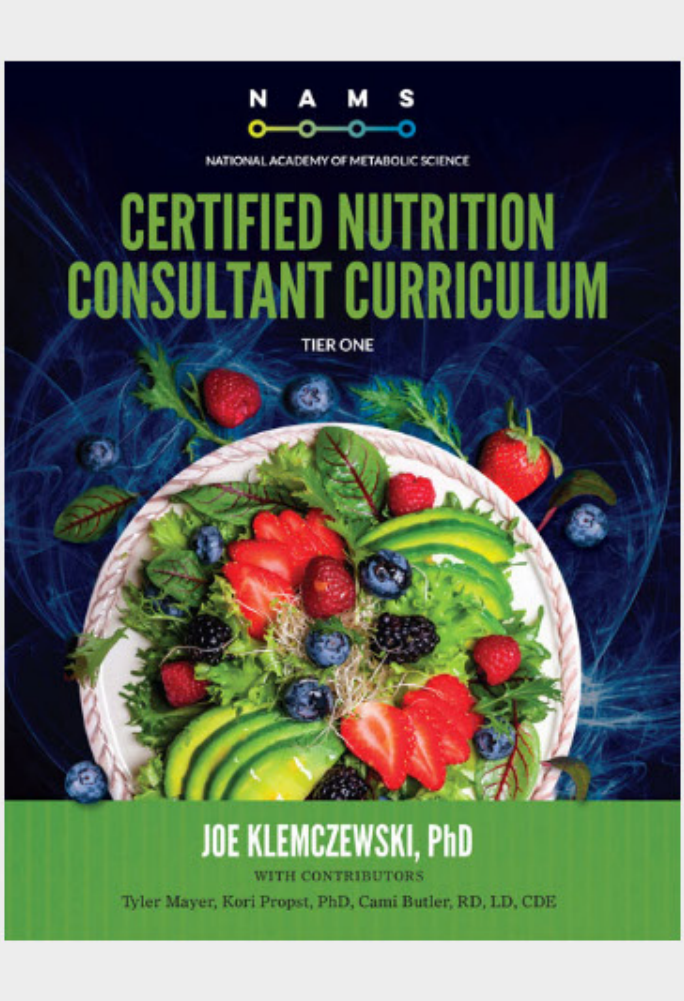
- Latest, most relevant health information
- Cutting-edge trends backed by research
- How to best work with your clients for success

GAIN CONFIDENCE AND TRUST

It can be daunting learning something from scratch. We want to take out all of the headache and heartache, helping you become confident in yourself, nutrition, and teaching others.

NAMS gives you the best knowledge available, helping nutrition coaches feel comfortable providing the most useful information to your clients.

Health and nutrition are constantly changing, and it can even be difficult for doctors and professors to always stay on top of the information. Some people go to college for a degree in nutrition but often find that when they've graduated, the industry has changed, not to mention tens of thousands of dollars spent.


NAMS
NATIONAL ACADEMY OF METABOLIC SCIENCE
CERTIFIED NUTRITION CONSULTANT CURRICULUM
TIER ONE
JOE KLEMCZEWSKI, PhD
WITH CONTRIBUTORS
Tyler Mayer, Kori Propst, PhD, Cami Butler, RD, LD, CDE

TIER 1

This is our popular introductory course focused on building a solid foundation for your education and training with Joe Klemczewski.

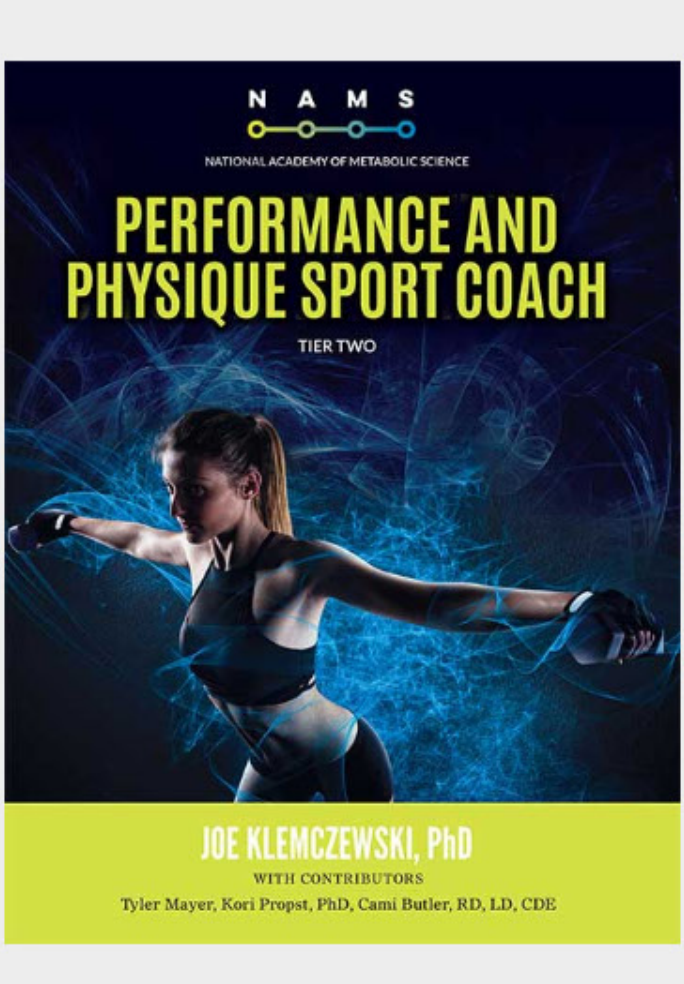
Once the class begins you will have access to our 12-week video course that opens a new video each week of the new curriculum for that week.

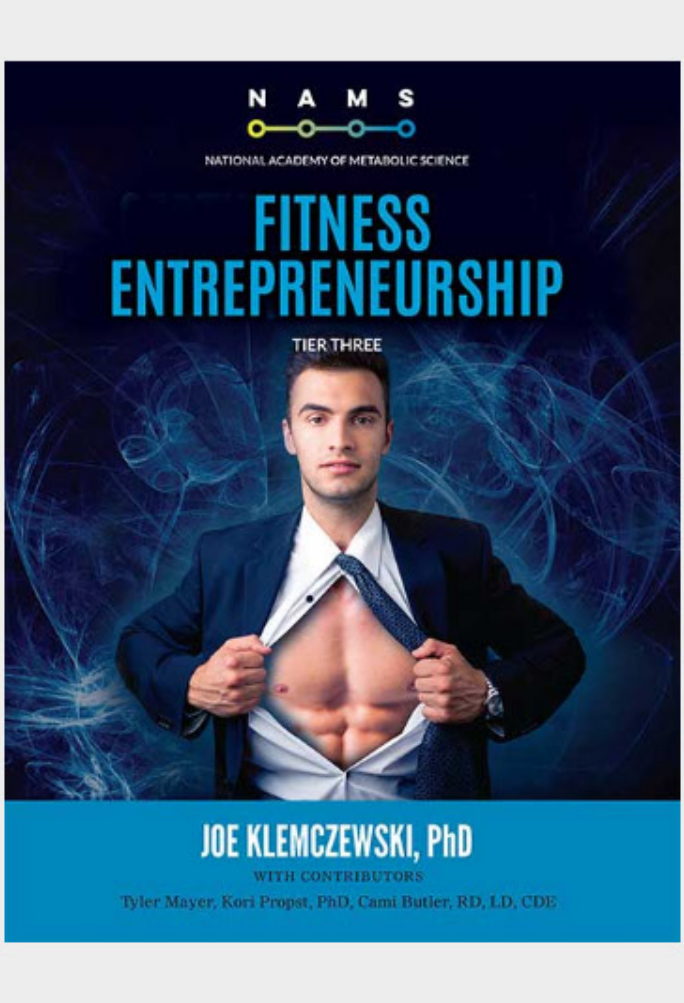
Those who become certified will be profiled on our exclusive list of NAMS Certified Nutrition Consultants to build credibility within the coaching industry. NAMS Consultants can maintain their certification status with provided CEU courses and an annual membership renewal.

By enrolling, you'll learn skills that you can put into practice for life. More people are pursuing health and fitness goals than ever before, so you don't want to miss out on the many advantages of becoming a nutrition consultant today.

Take your income, career, and life to the next level!

Register Now ✓


NAMS
NATIONAL ACADEMY OF METABOLIC SCIENCE
PERFORMANCE AND PHYSIQUE SPORT COACH
TIER TWO
JOE KLEMCZEWSKI, PhD
WITH CONTRIBUTORS
Tyler Mayer, Kori Propst, PhD, Cami Butler, RD, LD, CDE


NAMS
NATIONAL ACADEMY OF METABOLIC SCIENCE
FITNESS ENTREPRENEURSHIP
TIER THREE
JOE KLEMCZEWSKI, PhD
WITH CONTRIBUTORS
Tyler Mayer, Kori Propst, PhD, Cami Butler, RD, LD, CDE

TIER 2 & 3 COMING SOON!

Tier 2 will include more advanced nutrition and is specific to physique sport and physique transformation coaching.

Tier 3 is centered on helping the fitness professional become an entrepreneurial leader and develop a thriving business.

WORKSHOPS - COMING SOON

Two-day workshops will soon be available so you can learn in a practical environment with hands-on support, study with professionals, and become certified in one weekend!

HOW MUCH DOES THE CERTIFICATION COURSE COST?

ORIGINAL COST

$1,199.00 / PER TIER

TIER 1 TRAINING

FUTURE WORKSHOP ACCESS

TODAY'S COST

799.00 / PER TIER

TIER 1 TRAINING

FULL WORKSHOP ACCESS

COURSE STARTS OCTOBER 29TH!

EARLY ACCCESS TO TIER 2 & 3!

Get Ceritified Now! ✓

ABOUT THE FOUNDERS

CO-FOUNDER

TYLER MAYER

Tyler Mayer is the founder and owner of Tyler's Nutrition Training, LLC, co-founder of Flexibledieting.com and co-founder of the National Academy of Metabolic Science (NAMS). He has been helping individuals with flexible dieting methods since 2009. Tyler graduated with an Associate's Degree from the School of Radiologic Technology in 2004 and worked for more than years in X-Ray, CT, and the Cardiac Cath Lab. This experience gave him a strong practical background and understanding of health and physiology. He strengthened this foundation by continuing his education in human nutrition and sciences. The desire to help people with sustainable results was a driving force behind his transition into coaching.

Since founding Tyler's Nutrition Training in 2009, Mayer has helped hundreds of bodybuilders, fitness models, and the general public reach and maintain body composition goals. His common sense, adaptable approach and team-oriented mindset has created opportunities to give seminars from the casual to the corporate level across the United States. He is the author of several ebooks and has contributed articles to multiple websites regarding flexible dieting and coaching. Being an IFPA and WNBF professional natural bodybuilder and competitive powerlifter, Tyler understands the importance of results. He has used this education and experience to help more than 100 natural bodybuilders earn pro status across multiple organizations.

CO-FOUNDER

JOE KLEMCZEWSKI

Joe Klemczewski, PhD has earned degrees in physical therapy, health, nutrition, literary journalism, and health education. He is currently pursuing a third master's degree in social psychology/anthropology from Harvard. Joe has created a fitness facility, a wellness corporation, a sport supplement company specializing in proprietary protein formulations, a publishing label, and a business development practice.

He began licensing The Diet Doc, LLC, business model in 2007 and has helped develop more than 100 Diet Doc Weight-Loss Centers across North America, Australia, Singapore, the UK, and New Zealand. Klemczewski's staff and license owners continue to work with the highest-level athletes, models, and the general public through his innovative nutritional program.

He has spoken at universities, school systems, fitness camps, medical organizations, and Fortune 500 companies. Joe was a contributing science editor for Chelo Publishing for fourteen years. His articles regularly appeared in Iron Man, Natural Bodybuilding & Fitness, Exercise for Men, and Best Body; many have been translated for German, Italian, and Asian publications. His Diet Doc newspaper column in the Evansville Courier and Press is another outlet for educating readers with an entertaining style. He has written for numerous websites, including eDiets, has contributed chapters to fitness industry texts, and has edited physiology textbooks for publishers.

His book, The Diet Docs' Guide to Permanent Weight Loss, co-authored with Dr. Scott Uloth, MD, was released in 2009 by Harvest House Publishing, and 50 Days to Your Best Life, coauthored with Kori Propst, LMHC, PhD by WordSpank Publishing in 2014. Joe is a former WNBF (World Natural Bodybuilding Federation) professional bodybuilder, is a Certified Strength and Conditioning Specialist through the NSCA (National Strength and Conditioning Association), and is an ISSN (International Society of Sports Nutrition) clinician.

WHAT OUR STUDENTS ARE SAYING...

KEVIN BRUNACINI

★★★★★

Nutrition Consultant

The NAMS nutrition certification course breaks down the complexity of nutritional science and makes it practical for you to teach your clients in an empowering way. Not only will clients understand the technicalities of nutrition but they will demonstrate the behaviors to make whatever program best for them and sustainable. The tools and education provided by NAMS is laid out for you to be the best nutritional consultant!

KYLE FRANK

★★★★★

Nutrition Consultant

NAMS has provided me with the education of not only the science behind nutrition, but also the practical side, that directly helps me bring my clients success!

PAIGE JOHNSON

★★★★★

Nutrition Consultant

NAMS was created to give its students the science behind nutrition and how to best customize approaches to individual clients. With the ability to dive into the deep science or learn the practical science, NAMS gives its learners everything they need to creating lasting healthy changes in client lives.

ROZANNE PYPER

★★★★★

Nutrition Consultant

The NAMS Nutrition Certification provided me with the most current, accurate and relevant education I was needing to meet the needs of my Diet Doc clients and business. The curriculum and tools provided (manuals, videos, study guide and study sessions) made it easy to follow along and to set a good pace. I'm very happy and grateful I took this course!

FREQUENTLY ASKED QUESTIONS

What materials will I need for NAMS Tier 1 Certification? +

Who is the NAMS Tier 1 Certification for? +

How long will it take to get certified? +

What is the final exam like? +

What grade do I need to pass the exam? +

What happens when I pass the final exam? +

What if I fail the exam? +

What if I can't take the final exam during open testing? +

Is this course eligible for CEUs (Continuing Education Units)? +

DON'T WAIT - GET CERTIFIED NOW & SAVE $400! ✓

WANT MORE INFORMATION? LET US KNOW!